

CMILLAN. The Newmarket Heath Sponsored Ride

with the kind permission of The Jockey Club Estates and The National Stud Macmillan Cancer Support Registered Charity Number 261017

www.newmarketride.org.uk

20, 15 & 8 MILE COURSES SUNDAY 2nd SEPTEMBER 2018

We regret that no entries will be accepted on the day of the ride

Rules and Conditions

- 1. Entry Fees are non-refundable.
- 2. The Organisers do not accept liability for any accident, loss, damage, injury or illness to horses, owners, riders, ground, spectators or any other person or property.
- Appropriate footwear & hard hats with fastened chinstraps that comply with BS PAS 015, BS EN 1384 or ASTMF116395 (as per British Horse Society guidelines) must be worn at all times.
- 4. The Organisers recommend that Body Protectors should also be worn by all riders.
- The Organisers reserve the right to retire any horse or pony that appears to be in any way distressed or unfit.
- 6. Riders under 14 must be accompanied by an adult.
- 7. No horses or ponies under 4 years old.
- Flu-vac is recommended within six months of the ride.

- Competitors must keep on the marked route of the ride and show consideration to other riders.
 PLEASE DO NOT OVERTAKE OTHER RIDERS WITHOUT ASKING IF IT IS ALRIGHT TO DO SO, AND PLEASE SLOW DOWN TO AN APPROPRIATE PACE WHEN PASSING.
- Each Entrant is responsible for collecting amounts promised to them and for paying them to the Organisers in a timely manner.
- Any St. John's Ambulance, Blacksmith or Veterinary Fee will be the responsibility of the rider or horse owner.
- 12. It is recommended that riders should take out accident insurance for themselves and their horse.
- 13. It is *forbidden* for any rider to *walk* on the Al Bahathri gallop please use the grass at the side if you do not wish to gallop. (20 mile ride only) PLEASE DO NOT GO ON ANY OTHER GALLOPS

Fees, rules and conditions remain the same for all courses

- The organisers cannot be held responsible for entrants missing their ride time due to transport failure. The course can only remain open to riders starting between 10am-12.30pm on the day due to the road crossings being manned solely by volunteers
- Prizes will be awarded to the highest sponsorship raised in each of three categories: Junior Team/Individual (under 16 years of age), Senior Team and Senior Individual
- ► All cheques should be made payable to **MACMILLAN**. Riders who fail to pay their sponsor money one year will be required to pay the minimum £20 on the day of the ride in future.
- Upon entering you will be sent a confirmation email. Please note that if you use Just Giving for your sponsorship, and do not inform us, you might not be eligible for inclusion in the final prizewinning process.
- The entries close 24th August and ride times, directions, instructions and contact numbers will be sent out by email to each group of entrants. POST CODE FOR THE RIDE IS <u>CB8 0XD</u>
- Outstanding sponsorship money should be sent to the Ride Secretary by 12th October 2018 unless previously notified and agreed.

Ride Secretary
Pratts Green Farmhouse, Kirtling
Newmarket, Suffolk CB8 9HH
email: secretary@newmarketride.org.uk



Macmillan would like to give something back to its valued sponsors...

Newmarket Heath Ride 2018 SPONSORSHIP INCENTIVE SCHEME

For those Riders sponsored a total of £75 or above you will receive either

A Macmillan T-SHIRT, BASEBALL CAP or APRON

For those riders sponsored a total of £150 or above you will receive either:

A Macmillan SWEATSHIRT or WINDBREAKER JACKET

All items are subject to availability on the day and we will endeavour to send on any unavailable items after the ride where possible

Every extra penny raised by you for this ride will help maintain the incredible level of funds raised through this event in the past.

THANK YOU

www.newmarketride.org.uk

Please note that, to be considered in the final prize-giving, entrants must notify the secretary of their total monies raised

What does Macmillan do?

There are three times as many people in Britain living with cancer than there were 30 years ago. In fact over a million people have had a cancer diagnosis, and one in three of us will be diagnosed at some point in our lives.

With improvements in screening, diagnosis and treatment, more and more people are being diagnosed earlier and living with cancer for longer. They're often spending less time in hospital and more time at home. Cancer is becoming a part of more and more people's daily lives.

When you have cancer, it has an impact on every aspect of your life - from your emotions to your finances. And as you learn to cope with the shock and distress of diagnosis and the changes cancer can bring, you need a range of support - and so do their family and friends. That's where Macmillan comes in

People affected by cancer have told us they need help living their lives, today. The concerns people have are not just medical, they're practical, emotional and financial. How will I get to my hospital appointment? Who will walk the dog? How will I pay the bills when I have to take time off work? Who will listen and understand? Who will help improve the situation - for me and others like me?

We are here to help with all these things.

We are Macmillan Cancer Support.



Macmillan

Freephone 0808 808 0000 www.macmillan.org.uk